

CAVOTAGOO

MYKONOS • SANTORINI

SPA MENU

Dear Guest,

*Welcome to our Spa, a place devoted to overall well-being.
Our highly trained and experienced staff invites you
to re-discover your five senses and experience a fusion of Thai
and other international massages, face and body treatments
that will take away the tension from your body,
will calm your mind and will renew your spirit.
Enjoy the journey to a unique Cavo Tagoo Spa experience*

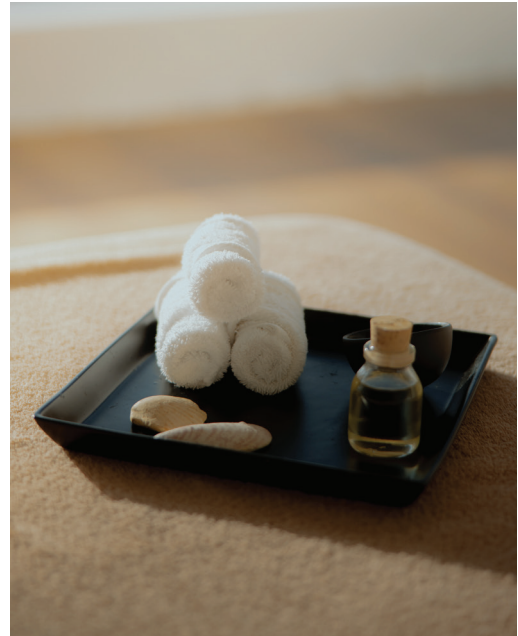
*Warm regards,
The Cavo Tagoo Spa Team*

Facial Treatments by Phytomer

Forever Young Treatment

An anti-wrinkle - firming treatment that increases the resistance of the skin giving an extended youth. The marine macromolecules contribute to the cells' restructure and to the collagen's and elastin's reproduction as well. The sea retinol and hyaluronic restore the aspect of youth, revealing your facial characteristics. An effective radiant-firming and smoothing wrinkles treatment with 100% natural marine ingredients which reinvigorate your skin, against the deterioration of time.

Duration: 60min



City-Life Detox

A specialised treatment that combats environmental pollution and aims to restore the freshness and brightness of the skin. The “Sorbet” delicate texture of the products works in synergy with the skin and eliminates impurities, while it detoxifies and revitalises the skin. The cocktail of healthy ingredients becomes a natural shield against environmental pollution and instantly moisturises, decongests, and illuminates dull and tired skin.

Duration: 60min

Hydra Boost Treatment

Treat your skin to a “soak” of moisture with a treatment that combines detoxification and hydration with high performance organic marine ingredients in synergy with a multi-sensory facial massage. You will feel your skin plumper, more revitalised and more luminous after this treatment.

Duration: 60min

Sea Breeze Care

A short but very effective facial treatment for people who want to give a hydration shot on their face using the power of the marine products to get rejuvenation, radiance, and hydration on the skin. The treatment can be easily adapted to your personal needs.

Duration: 30min

Glow - Party - Facial

Get ready to glow at tonight's party with this facial that combines an alliance of flowers, goji berries and floral notes with delicate textures. The final touch of the apricot mask, rich in vitamin C offers a burst of moisture and intense glow to your skin.

Duration: 50min

XMF - Natural Facelift

Reveal your inner Youth with this original facial care using innovative ingredients and exceptional treatment techniques for instant and visible results. The X.M.F. (extra marine filler) and VMR (visible marine refiner) treatment combined with the "Morio Orchid" extract is on the cutting edge of the biotechnology. It acts in the deeper layers of the skin by stimulating the synthesis of collagen, elastin, and natural hyaluronic acid for a denser and firmer skin mattress. The "XMF" creates an invisible natural filter which smoothes the wrinkles immediately. The specialized face massage with roller & sharper completes and strengthens the action of the products and gives you the sensation of natural facelift

Duration: 75min

* You can enhance the penetration of the facial products by using the Cold & Hot Hammer with an extra charge. It can be applied in all the facial treatments.

Body Treatments

Detoxifying Body Scrub

We proceed in a deep cleansing by **Ariadne Athens** using our fresh coconut pulp exfoliating scrub blended with nourishing oils and vitamins. These powerful antioxidants are absorbed into the skin, helping to slow down cellular aging. Final touch, the application of a sweet coconut body butter leaves the skin deeply hydrated.

Duration: 40min

Relaxing Body Scrub

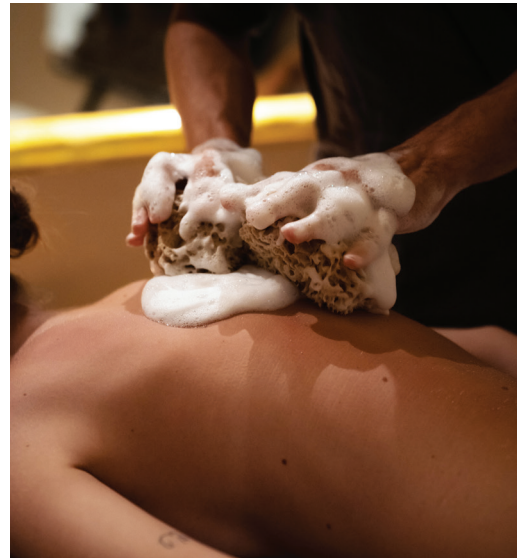
A full body exfoliation treatment with the luxuriant captivating aromas of jasmine and gardenia by **Ariadne Athens**. Delicate white sugar crystals softly remove dead skin cells, while promoting body circulation. Your body's skin regains its smoothness while obtaining a velvet touch with a fresh look after the application of the jasmine and gardenia body butter.

Duration: 40min

After Sun Care

A unique relaxing experience for your body. This special treatment soothes, relaxes, and invigorates your skin, relieves from tension, and offers you an immutable sense of relaxation and rejuvenation. With natural sea sponges and a creamy- soapy cleanser, a warm foamy massage is performed on the whole body for 20 minutes, followed by a full body wrap with toning, soothing mask that enhances skin's elasticity. The treatment is completed with the application of body cream that moisturises your skin deeply and offers the sensation of glow.

Duration: 60min



Face & Body Spa Rituals

Top 2 Toe by Cavo Tagoo

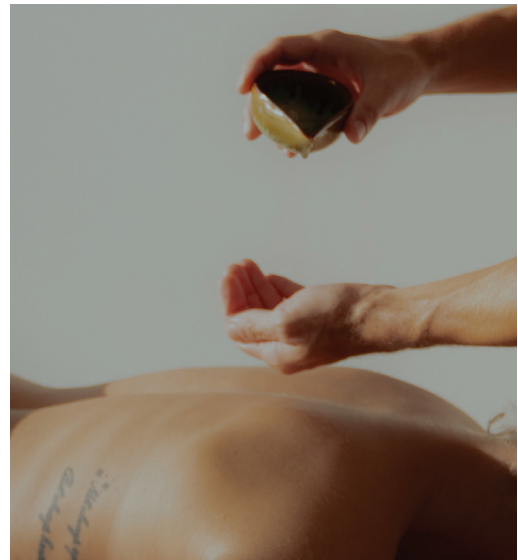
A unique multi sensory experience that takes care of your whole body. The treatment starts with a mini body scrub that helps the body remove the old skin cells and continues with a full body holistic massage with almond oil, jasmine, sandalwood and yilang-yilang that will help your body relax completely. Followed by a head massage to calm the nervous system, the experience ends up with a facial treatment for extra hydration and glow.

Duration: 120min

Detox Spa Ritual

A full body and face treatment for detoxification, hydration and rejuvenation, through the luxury of gold and the subtle scent of the flowers of the fields and the deserts. Starting with a full body massage and completing the treatment with a face mask of 24k gold micro molecules, offering an anti-aging and antioxidant sensation. Artemisia, the flower of Passion, minerals, metals such as gold, pearl and the scent of daisies take you on an magical journey of senses.

Duration: 90min



Holistic Beauty Care

Indulge in a holistic and aesthetic facial and body treatment and give your skin a velvety sensation, your body complete relaxation and serenity to your soul. Start with a holistic massage for body and face, inspired by India. Extracts of apricot oil, rich in Vitamin C with lily essences, yilang-yilang, rosemary, rose, ginger, violet, coriander, camellia, invite you to a relaxing ritual, full of energy, joy, and passion for life. You may choose the essence that you prefer the most, depending on your physical and mental state. Last brushstroke on the canvas of your beauty is the mask of rose that is applied on your face, offering a sensation of freshness and glow.

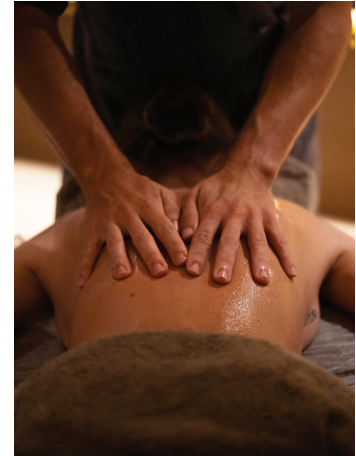
Duration: 90min

Body Massage

Aroma Calming Massage

A relaxing massage all over the body with natural apricot oil extracts of aromatic plants and herbs, which have therapeutic properties, appropriately chosen to suit your personal needs. It relieves from headaches, calms the nervous system, and releases endorphins, the hormones of happiness.

Duration: 60min | 90min



Deep Tissue Massage

As it is revealed by its name this is a massage that penetrates the deeper layers of the muscles. Using the pressure of fingers, forearms, and elbows this type of massage will help you alleviate pain, remove stress, and give the sense of the deepest relaxation that your body needs.

Duration: 60min | 90 min

Detox Massage

Offer your body a natural detoxification. This massage is designed to help rid the body of toxins and promote an overall physical and mental well being sensation. Precious marine ingredients stimulate the lymphatic and vascular system, activate metabolism, soothe and moisturise the skin.

Duration: 60min

Thai Massage

This philosophy of this massage originated in Thailand combines pressures and stretching over the whole body, using fingertips, elbows, and forearms. The movements along the meridians (the energy lines) of the body, release tension and stress of the muscles and joints and at the same time help the mind to calm. Enjoy the exceptional massage and feel the serenity and relaxation through your body, spirit and soul.

Duration: 60min / 150€ | 90min

Candle Massage

Through a lovely, perfumed ambience, the massage with oil from hot candles creates a memorable experience. The subtle creamy hot candle oil slides over the body nourishing deeply the skin, while a combination of various massage pressures, stretches and continuous movements, relaxes the muscular system, stimulates the blood circulation helping the body to eliminate the daily stress by inviting you into a joyful escape of sensations.

Duration: 60min

Lava Shells Massage

Enjoy a tropical massage with real shells from the Pacific Ocean that manifest natural calcium ions, which are transported directly to the skin through the action of heat. While the hot shells roll alternately over your body with strong and gentle pressure, they eliminate muscles' tension, calm the nervous system, and enhance the blood circulation and the lymph. The uniqueness of Lava Shells massage is the power of heat, touch and scent.

Duration: 60min | 90min

Face Lifting Massage

Enjoy a lifting massage designed by **Phytomer**, for the face, neck and décolleté. The results are instant and visible, the facial contours are reshaped, wrinkles are smoothed and the complexion becomes more rejuvenated. The innovative massage with the “roller & sharper” acts on three levels: it stimulates the microcirculation and oxygenation of the skin, it enhances the muscle tone and mobility of the skin tissue, while it fills and smoothes fine lines and wrinkles. Your skin looks smoother, plumper and more radiant after the treatment.

Duration: 30min

Back - Neck - Shoulders

Back & Neck massage is a deeply relaxing massage focusing on stress release, muscle relief from tension in all areas around the neck and across the back. This massage relieves stress and head-aches, improves circulation and posture while it counterbalances the sitting posture of everyday life.

Duration: 30min

Head Massage (Indian)

An ancient therapeutic practice used in India for over 2000 years. Coconut oil is used to massage the scalp and nourish the hair. A very useful technique to prevent headaches, reduce stress and promote better sleep.

Duration: 30min

Foot Massage

Your feet work hard for you every day. Give them the chance to relax by this type of massage which improves blood circulation, stimulates muscles, reduces tension & brings freshness and vitality to your legs.

Duration: 30min

*You can give an extra touch to your body massages by adding on the Vibrating Eye massage mask which will take away the tiredness of your eyes

Beauty Treatments

Wax treatments

1. FULL LEG
2. HALF LEG
3. BACK
4. UNDER ARMS
5. WHOLE ARS
6. HALF ARM
7. EYEBROWS
8. UPPER LIP



Nail Treatments

We provide you a variety of nail services as we are collaborating with YouNails. For more information you can check the nails menu in the spa area.

Hair treatments

We provide you with a variety of services as we are collaborating with Aggelopoulos Hair Company, experts in Brazilian Keratin Treatments. For more information you can check the hair menu in the spa area.

Complimentary facilities

Fitness area (inhouse guests) The gym is open 24 hours to our guests

Sauna & Steam Room:

you will find these complementary offered facilities inside the spa area. You need to make a reservation (at least 20 minutes in advance) with the spa reception to use them.

You can combine them before or after your treatment for better results.

Operation hours: 10.00 to 21.00.

Spa Etiquette

Operation Hours

The spa is open from 10.00 to 21.00. You can contact the spa reception from your room by calling directly 600

Arrival

So many things in life are rushed - we'd like to make sure your treatment isn't one of them! That's why we ask that you arrive about 15 minutes early for your appointment so we can make sure that you are comfortable, take your time to complete the medical history form and start your treatment on time. Time lost through late arrival will result in a shortened or cancelled treatment without refund.

Cancellation Policy

We know that things pop up, so we offer you the freedom to cancel your reservation at NO charge up to two hours (2h) before your appointment. A cancellation fee of 50% of your treatment cost will be applied one hour (1h) before, and in case of NO show the full price will be charged.

Valuables

The spa is a place to leave the world behind - and that includes your valuables! We recommend that you leave your jewellery, cash, watches, mobile phones or other valuables items in your room for safekeeping. We are not responsible for the loss or damage of your personal belongings.

Clothing

This is one place you won't have to worry about a dress code! However clothing is mandatory. So just arrive in your casual and comfort clothes and we will provide you with a robe, slippers and disposable underwear in your treatment room. A locker will be provided to you for your personal belongings.

Younger Guests

The age limit for use of the spa facility is over 16 years old.

Thank you
The Cavo Tagoo Spa Team

